

Considerations for the U.S. Presidential Election

The International Students and Scholars Office (ISSO) and Office for Postdoctoral Scholars (OPS) offers the following considerations to help foreign nationals navigate the results of the November 3, 2020 U.S. Presidential Election. Election results may not be confirmed for a few days following the election. For more information on campus wide resources, see the [UCSF 2020 Election Resources](#) site.

Immigration Updates (isso.ucsf.edu/news)

What to expect: The ISSO will publish timely immigration updates to our [website](#) and email impacted populations as new information is confirmed by the federal government (within 24 hours)

Campus Mental Health Resources

For All UCSF Faculty and Staff (fellows, postdocs, etc.)

- *During business hours*, contact the Faculty and Staff Assistance Program **415-476-8279** [FSAP FAQs webpage](#)

For Postdocs

- *After hours*, UCSF Postdoc Mental Health Consult Line **855-201-4229**
- List of mental health resources for postdocs: postdocs.ucsf.edu/wellness

For UCSF Enrolled Students

- *During business hours and after hours*, contact the Student Mental Health Consult Line **415-476-1281 (option 2)**
- Student Health and Counseling Services studenthealth.ucsf.edu

Want to talk to someone?

Postdoctoral Scholars:
Assistant Dean for Postdoctoral Scholars,
Gabriela Monsalve, PhD
gabriela.monsalve@ucsf.edu

Enrolled Students:
Associate Dean of Graduate Programs,
Elizabeth Silva, PhD
elizabeth.silva@ucsf.edu

Immigration Questions?

Contact your [ISSO adviser](#)

Tasks to Consider Completing Before November 3

- Grocery shopping/prescription pick-up
- Rescheduling non-urgent appointments for following week
- Identifying alternate modes of transportation, in case public transport is impacted
- Discussing accommodations with your PI or instructors if you are unable to attend work/school in person
- Identifying mental health providers and confirming co-pay structure through your insurance plan
- Ask your childcare center about potential closures

Post-Election Considerations

- Marches or protests may occur in your neighborhood
- Avoid domestic or international travel without first speaking with your immigration adviser
- The election outcome will impact different groups of people in different ways